

About Darren & Beck



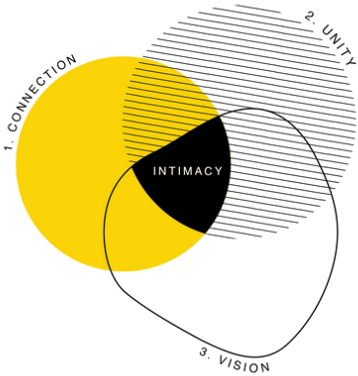
Darren & Beck Chapman have been married and in love for 25 years. They have 3 sons and a teenage daughter and are Executive Pastors at C3 Victory,

Newcastle where they've been pastoring for over 20 years. They have a real passion to help couples have happy, healthy marriages and balance humour and depth with an authentic and highly practical message.

Our Heart

We know the value of health in marriage and our heart is to help every couple thrive. Our goal is to help marriages through a focus on connection, unity and vision and by empowering every couple to take responsibility, become intentional and never give up.

Framework & Focus



If you're unfamiliar with our framework, here it is. We believe that a focus on **connection**, **unity** and **vision** enables **intimacy** to happen naturally.

We find that a focus on just one of these 3 area over a weekend works best. Then we have the opportunity to slow down, dive a little deeper and embed some helpful principles around each area.

Books & Sales

Darren's book *The Happy Marriage* is, of course, available and can be used in a few different ways.

- Included in workshop cost
- Sold as an addition to workshop
- Sold after services on Sunday

Books can be bulk purchased at \$15 each through Darren



Workshop Timings

Session 1	60m
BREAK	15-30m
Session 2	60m
Q&A	30m

We have found timing like this seems to work well. Time to connect over food at the start is good too.

Mornings or afternoons are great!

Topics & Content

CONNECTION

- Biblical foundation for marriage
- Framework of The Happy Marriage
- Connection definition and unpack
- Our need for heart-to-heart connection
- Top 5 disconnectors
 - Lack of time together
 - Busyness
 - Distraction
 - Tiredness
 - Poor priorities

- Top 3 connectors
 - Rituals of connection
 - Sex
 - Date Nights

Every couple gets a Connection Survey to fill out and discuss on a Date Night.



UNITY

- Biblical foundation for marriage
- Framework of The Happy Marriage
- Unity definition and unpack
 - Agreement and understanding
- Having a unity conversation
- Expectations & definition
 - Communicating them
 - Silent expectations
 - Meeting & adjusting them
 - Dealing with unmet expectations

- How to have a hard conversation and do conflict well.

Every couple gets a Unity Survey to fill out and discuss on a Date Night.



VISION

- Biblical foundation for marriage
- Framework of The Happy Marriage
- Vision definition and unpack
- The dangers of drift
- Defining the marriage and life you want
- Doing the work
 - Togetherness
 - Vocalisation
 - Planning
 - Check-ins

- Personal and Shared goals
- The cure for Hereropessimism

Every couple gets a Vision Survey to fill out and discuss on a Date Night.

