

ROLES FOR SHARED SUCCESS

Adapted from *The 80/80 Marriage* (p109)



Step 1. Write out your current roles

These fall into 3 categories: His, hers and shared roles. Write your names or 'Shared' next to each one and add any extra tasks below. Note that when you own a particular task, that becomes your role.

Write down who 'owns' each role:

- Cleaning - bathroom
- Cleaning - kitchen
- Cleaning - vaccuming/floors
- Cleaning - bedroom
- Cleaning - other
- Buying groceries
- Washing laundry
- Hanging out laundry
- Folding laundry
- Ironing
- Basic finance management
- Managing the calendar
- Servicing cars
- Lawn/garden maintenance
- Cooking meals
- Doing dishes/dishwasher
- Taking out the garbage

CURRENTLY

NEW

Step 2. Evaluate and adjust

Take a moment to reflect on what's working and what's not. Talk about how to achieve shared success in each area. Limit your shared roles to no more than 25% to eliminate potential for conflict.